



Weston Medical Education Foundation of India

Office No:- 99,9th Floor, Kalpataru Avenue, Opp. ESIC Hospital, Kandivali (East) , Mumbai -400101.

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THE GASTRO CONCLAVE

7th & 8th March, 2025 at Swosti Chilika Resort, Odisha.

"**The Gastro Conclave**" convened in Chilika Resort, Odisha, orchestrated by the esteemed Weston Medical Education Foundation of India. This gathering aimed to amalgamate the expertise of Gastroenterologist and General Physicians from across India, fostering a dialogue on the intricacies of managing gastrointestinal diseases and its associated complications.

"During the CME, Weston Medical Education Foundation of India emphasized the essential role of such events in bridging the gap between cutting-edge research and everyday medical practice, ensuring wider access to knowledge for the benefit of all doctors and their patients."

Total Participants: 32 distinguished participants

EXPERTS

Faculties:

- Dr. Sarat Panigrahi
- Dr. Ashok Kumar Behera
- Dr. Sagara Mahapatra
- Dr. Suchitra Sahu
- Dr. Subhlaxmi Das
- Dr. Srikant Kumar Behera



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AGENDA

Day 1 – 07th March, 2025

Time: 2:00 p.m. to 9:00 p.m.

Topics	Speakers	Timings
Welcome Note		02:00 p.m. to 02:15 p.m.
Recent Advances in Gastroenterology	Dr. Ashok Kumar Behera	02:15 p.m. to 03:00 p.m.
Modern Therapeutic Strategies for Acid-Related Disorders	Dr. Sagara Mahapatra	03:00 p.m. to 03:45 p.m.
Emerging Trends in Gastrointestinal Endoscopy	Dr. Suchitra Sahu	03:45 p.m. to 04:30 p.m.
Interactive Case Discussions on GI Disorders		04:30 p.m. to 05:15 p.m.
Tea Break		05:15 p.m. to 06:00 p.m.
Optimizing Patient Outcomes with Novel Therapies	Dr. Subhlaxmi Das	06:00 p.m. to 06:45 p.m.
Management of Alcohol Associated Liver Disease	Dr. Sarat Panighrahi	06:45 p.m. to 07:30 p.m.
Innovative Approaches to Gut Microbiome Research	Dr. Srikant Kumar Behera	07:30 p.m. to 08:15 p.m.
Discussion on the Session		08:15 p.m. to 09:00 p.m.

DAY 2 - 08th March, 2025

Time: 8:30 a.m. to 01:00 p.m.

Topics	Speakers	Timings
Understanding the Role of Diet in GI Health	Dr. Sarat Panighrahi	08:30 a.m. to 09:15 a.m.
Recent Breakthroughs in the Management of Inflammatory Bowel Diseases	Dr. Srikant Kumar Behera	09:15 a.m. to 10:00 a.m.
Discussion on Translating Evidence to Practice	Dr. Subhlaxmi Das	10:00 a.m. to 10:30 a.m.
Breakfast		10:30 a.m. to 11:00 a.m.
Advancements in Non-Invasive Diagnostic Tools	Dr. Sagara Mahapatra	11:00 a.m. to 11:45 a.m.
Insights on Gastric Acid Suppression Beyond PPIs	Dr. Ashok Kumar Behera	11:45 a.m. to 12:30 p.m.
Discussion on Clinical Pathways		12:30 p.m. to 1:00 p.m.
Vote of Thanks		WMEFI



Summary of CME

Day 1:

❖ **Recent Advances in Gastroenterology: Dr. Ashok Kumar Behera**

This session provided insights into the latest developments in gastroenterology, including novel diagnostic tools, advanced treatment modalities, and precision medicine. Dr. Behera discussed breakthroughs in managing inflammatory, motility, and acid-related disorders. The session also explored the impact of artificial intelligence and microbiome research in shaping the future of gastroenterology.

❖ **Modern Therapeutic Strategies for Acid-Related Disorders: Dr. Sagara Mahapatra**

This discussion focused on evolving treatment approaches for GERD, peptic ulcers, and Zollinger-Ellison syndrome. Dr. Mahapatra compared the efficacy of proton pump inhibitors (PPIs) with emerging alternatives like potassium-competitive acid blockers (P-CABs). The session emphasized the importance of personalized treatment strategies to enhance symptom control and mucosal healing.

❖ **Emerging Trends in Gastrointestinal Endoscopy: Dr. Suchitra Sahu**

Advancements in endoscopic technology were discussed, including AI-assisted endoscopy, capsule endoscopy, and minimally invasive therapeutic techniques. Dr. Sahu explored the role of endoscopy in early cancer detection, polyp removal, and complex GI procedures. The discussion highlighted how innovations in endoscopy are improving diagnostic accuracy and patient outcomes.

❖ **Interactive Case Discussions on GI Disorders**

This session featured real-world clinical cases, allowing participants to engage in problem-solving and evidence-based decision-making. Experts presented challenging cases involving acid reflux, IBD, and functional GI disorders. The discussion focused on differential diagnosis, appropriate treatment strategies, and best practices for managing complex GI conditions.

❖ **Optimizing Patient Outcomes with Novel Therapies: Dr. Subhlaxmi Das**

The session explored the latest therapeutic options in gastroenterology, including biologics, small-molecule drugs, and gut microbiota-targeted therapies. Dr. Das discussed how these novel treatments are revolutionizing the management of conditions like IBD, IBS, and GERD. The importance of individualized treatment plans to maximize efficacy and minimize adverse effects was emphasized.



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❖ **Management of Functional Gastrointestinal Disorders: Dr. Sarat Panigrahi**

Dr. Panigrahi led discussions on the pathophysiology, diagnosis, and treatment strategies for alcohol-associated liver disease (ALD). The session covered the role of lifestyle modifications, pharmacotherapy, and liver transplantation in managing ALD. Experts emphasized early intervention strategies to prevent disease progression.

❖ **Innovative Approaches to Gut Microbiome Research: Dr. Srikant Kumar Behera**

The gut microbiome's role in gastrointestinal and systemic health was explored, with a focus on microbiota-targeted therapies. Dr. Behera discussed fecal microbiota transplantation (FMT), next-generation probiotics, and the potential of microbiome modulation in treating IBD and metabolic disorders. The session highlighted how gut microbiome research is transforming gastroenterology.

Day 2:

❖ **Understanding the Role of Diet in GI Health: Dr. Sarat Panigrahi**

This session examined how dietary patterns influence gastrointestinal health, focusing on the role of fiber, prebiotics, and elimination diets. Dr. Panigrahi discussed the impact of dietary interventions in managing GERD, IBD, and functional GI disorders. The importance of personalized nutrition plans in improving gut health and patient outcomes was highlighted.

❖ **Recent Breakthroughs in the Management of Inflammatory Bowel Diseases: Dr. Srikant Kumar Behera**

Dr. Behera discussed the latest advancements in treating Crohn's disease and ulcerative colitis, including novel biologics and small-molecule therapies. The session explored personalized treatment approaches, therapeutic drug monitoring, and emerging microbiome-based interventions. Strategies for optimizing long-term disease control and improving patients' quality of life were emphasized.

❖ **Discussion on Translating Evidence to Practice: Dr. Subhlaxmi Das**

This session focused on integrating clinical trial data and real-world evidence into everyday gastroenterology practice. Dr. Das shared strategies for applying the latest research findings in clinical decision-making. The discussion underscored the importance of evidence-based medicine in improving patient care and treatment outcomes.

❖ **Advancements in Non-Invasive Diagnostic Tools: Dr. Sagara Mahapatra**

The session covered recent innovations in non-invasive diagnostics, including stool biomarkers, breath tests, and imaging techniques like elastography. Dr. Mahapatra discussed how these tools are improving early detection and monitoring of GI disorders. The session emphasized the role of AI in enhancing diagnostic precision and reducing the need for invasive procedures.



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❖ **Insights on Gastric Acid Suppression Beyond PPIs: Dr. Ashok Kumar Behera**

This session explored alternative approaches to acid suppression, including P-CABs, mucosal protective agents, and dietary interventions. Dr. Behera discussed the limitations of long-term PPI use and the need for safer, more effective treatment options. The focus was on optimizing acid suppression strategies for better patient outcomes.

❖ **Discussion on Clinical Pathways**

The event concluded with a panel discussion on developing standardized clinical pathways for gastroenterology. Experts emphasized the importance of guideline-based care, multidisciplinary collaboration, and integrating emerging therapies into clinical practice. The session aimed to streamline patient management and improve treatment efficacy.

DAY 1 & 2 Highlights:

- ❖ The Recent Advances in Gastroenterology event provided a deep dive into emerging trends, innovative therapies, and evolving diagnostic tools in gastroenterology. Experts explored topics such as modern acid-suppression strategies, functional GI disorder management, and microbiome-targeted treatments.
 - ❖ Sessions on inflammatory bowel disease and gut microbiome research emphasized the importance of personalized medicine and evidence-based practices. Discussions on dietary interventions and clinical pathways highlighted the role of holistic approaches in optimizing patient care.
 - ❖ The event successfully bridged the gap between research and clinical practice, shaping the future of gastroenterology.
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- **In the end of this CME, the Weston Medical Education Foundation of India extended, its sincere vote of thanks to the attending delegates and acknowledged the academic industry partners for their valuable support and contribution to the success of this event.**

- 1. La Renon Healthcare Pvt. Ltd. (Platinum Sponsor)**
- 2. Aristo Pharmaceuticals Pvt. Ltd. (Diamond Sponsor)**
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Snapshots of Success

WELCOME DELEGATES





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SESSIONS

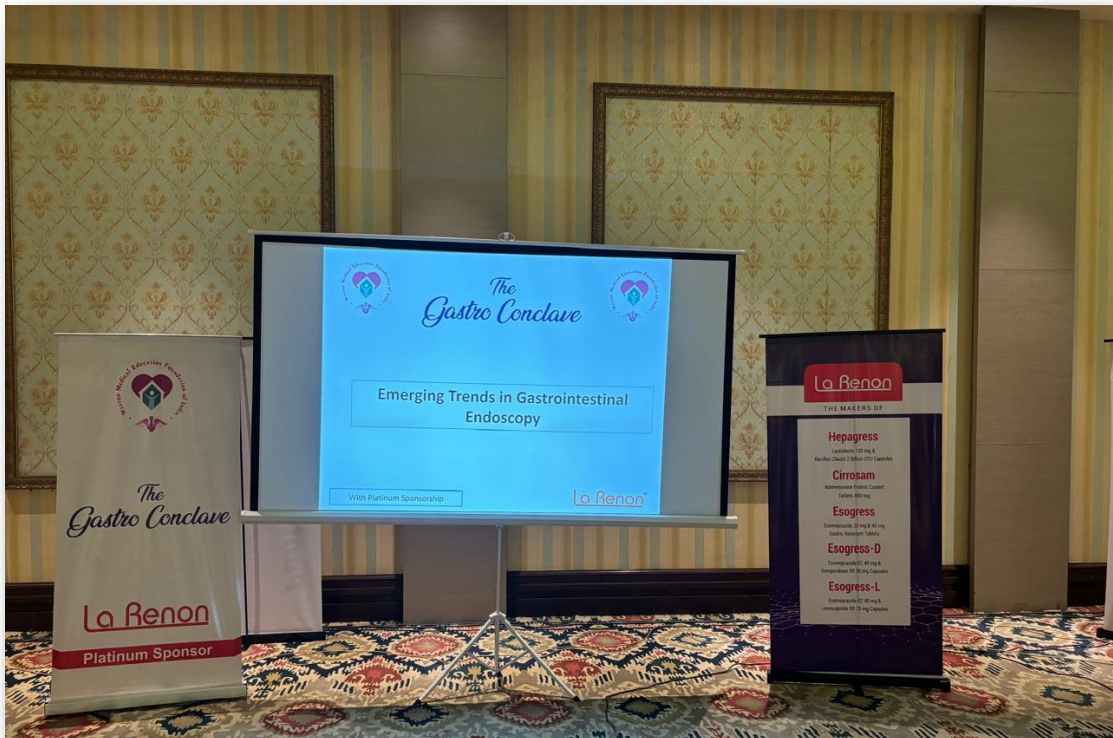




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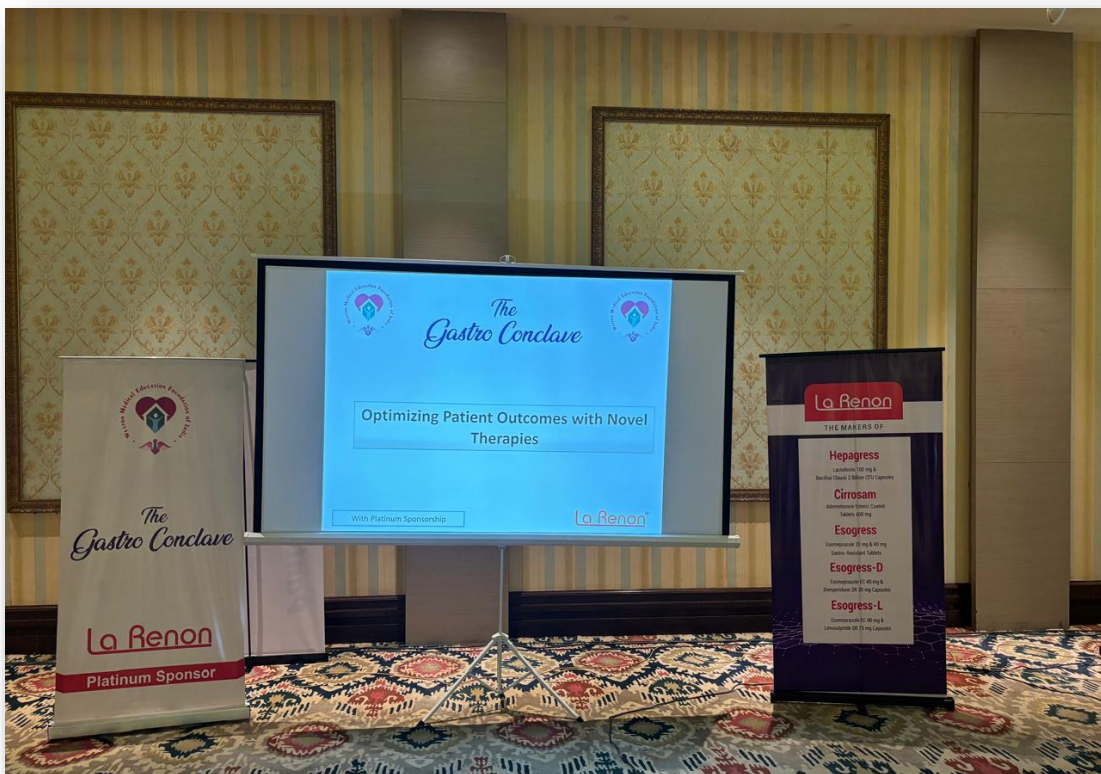




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